



St Matthew's

Some Prayers You May Find Helpful

A prayer in time of need

Loving God, in my time of need, help me to know that you are with me and you care about my situation. Please calm me when I am anxious and comfort me when I am sad. Give me strength and help me to trust in you, knowing that you will always love me, whatever happens. May I have the courage to place my present and future in your hands. Through Jesus Christ our Lord. Amen.

A prayer to know God

O gracious and holy Father
Give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate on you,
and a life to proclaim you,
through Jesus Christ our Lord. Amen
(St Benedict)

A prayer for peace

Give peace in our time, O Lord:
peace and reconciliation among nations;
peace and unity within the churches;
peace and harmony in our communities and our homes;
peace and love in all our hearts;
for the sake of Jesus Christ our Saviour. Amen.
(Frank Colquhoun)

A prayer of thanks

God our Creator and our friend,
we thank you for our good life,
for those who are dear to us,
and for those who have helped and influenced us.
We thank you for the measure of freedom we have,
and the extent to which we control our lives;
and most of all we thank you for the faith that is in us,
for our awareness of you and our hope in you.
Keep us, we pray, thankful and hopeful
and useful until our lives shall end. Amen.
(A New Zealand Prayer Book, adapted)